TEACHING OF PRACTICING - new knowledge and change
Norwegian Academy of Music 2–4 December 2015

All presentations – except the poster session and keynote by Kenny Werner – will take place in the Auditorium at the Norwegian Academy of Music.

Wednesday 2nd of December 2015

1130-1300: Registration (Foyér)

1200-1300: Lunch (cafeteria)

1315-1330: Welcome by Siw G. Nielsen

1330-1430: 25 Years of research on deliberate practice in music - What do we know? Keynote by Andreas C. Lehmann (Hochschule für Musik Würzburg) [Chair: Siw G. Nielsen]

1345-1445: Break

1445-1530: How do students perceive their practicing? Guro G. Johansen, Harald Jørgensen and Siw G. Nielsen (Norwegian Academy of Music/CEMPE) [Chair: Siw G. Nielsen]

1530-1600: Planning and goals in practicing – The reflective essay. Monica Esslin-Peard (University of Liverpool) [Chair: Siw G. Nielsen]

1600-1630: Coffee break

1630-1700: Health issues in higher music education. Louise Atkins (Royal College of Music, London) [Chair: Guro G.Johansen]

1700-1730: Theatric music performance as a means for enhancing practicing. Cecilia Hultberg (The Royal Academy of Music, Stockholm) [Chair: Guro G.Johansen]

1745-1830: Poster session in the Foyér [Introduction: Guro G.Johansen]

Memorizing contemporary music - Strategies and memory types. An exploratory, phenomenologically informed multiple case study. Pétur Jónasson and Tania Lisboa (Royal College of Music, London)

Piano students’ development of interpretative skills in one-to-one tuition within higher music education. Carl Holmgren (Luleå University of Technology)

A historical perspective of the teaching of piano sight reading in educational literature. José Luis Miralles Bono (Universitat Jaume I of Castellón)
Thursday 3rd of December 2015

0900-0915: Coffee

0915-1130: Teaching practicing in higher music education. Presentations from the Norwegian Academy of Music, Royal Conservatoire in the Hague, Sibelius-Academy & University of Liverpool. Harald Jørgensen, Julius Pranevicius and Isabelle Perrin (Norwegian Academy of Music/CEMPE), Monica Esslin-Peard (University of Liverpool), Erja Joukamo-Ampuja (Sibelius Academy, Helsinki), Wieke Karsten & Susan Williams (Royal Conservatoire in The Hague). [Chair: Harald Jørgensen]

1130-1200: Coffee break

1200-1300: Relationships between main instrument teaching and individual practicing. [Chair: Harald Jørgensen]

1200-1230: Revisiting research: Focus on practice-relationships between lessons on the primary instrument and individual practice in conservatoire education. Adri de Vugt (Royal Conservatoire in The Hague)


1300-1400: Lunch (cafeteria)

1430-1500: Effortless mastery. Keynote by Kenny Werner (Lindemansalen) [Chair: Guro G. Johansen & Morten Halle]

1630-1700: Coffee break

1700-1745: Practicing across music genres. Hans-Kristian Kjos Sørensen, Morten Halle and Unni Løvlid (Norwegian Academy of Music/CEMPE) [Chair: Siw G. Nielsen]

1745-1805: Explorational practice: Practicing improvisation. Guro Gravem Johansen (Norwegian Academy of Music/CEMPE) [Chair: Siw G. Nielsen]

1805-1840: Practicing contemporary music. Tanja Orning (Norwegian Academy of Music/CEMPE) [Chair: Siw G. Nielsen]

1915: Conference dinner, Café Mistral (Majorstua)

Friday 4th of December 2015

0845-0900: Coffee

0900-1000: Learning strategies in hip hop and folk music. [Chair: Guro G.Johansen]


0930-1000: Norwegian folk music’s peculiarities - how can it be learned? Steinar Ofsdal (Norwegian Academy of Music/CEMPE).

1000-1030: Mental practicing: Developing mental maps and images of music. Laszlo Stacho (Liszt Academy of Music, Budapest) [Chair: Harald Jørgensen]

1030-1110: Mental skills training and practice. Mary Hawkes (University of Sheffield) [Chair: Harald Jørgensen]

1100-1130: Coffee break
1130-1330: **Sport psychology and practicing.** [Chair: Harald Jørgensen]

1130-1200: **Cross professional mental training for performing arts.** Even Lynne (Oslo National Academy of the Arts).

1200-1230 **Technical development and performance in Norwegian elite sport.**
Morten Bråten (Norwegian Olympic Training Centre)

1230-1300: **Practising the performance - what can we learn from sports psychology?** Mary Hawkes (University of Sheffield)

1300-1330 **Mental skills training for music students: Exploring self-regulated learning in music students.** Johannes L. Hatfield (Norwegian Academy of Music/CEMPE)

*1330-1430 Lunch (cafeteria)*